

# Bhutan Spirit Sanctuary

POLICIES 2024 & 2025



# What makes us unique?



ALL-INCLUSIVE  
TRADITIONAL  
BHUTANESE  
WELLNESS



ALL-INCLUSIVE  
CULINARY  
SURPRISES



ALL-INCLUSIVE  
FACILITIES  
&  
ACTIVITIES



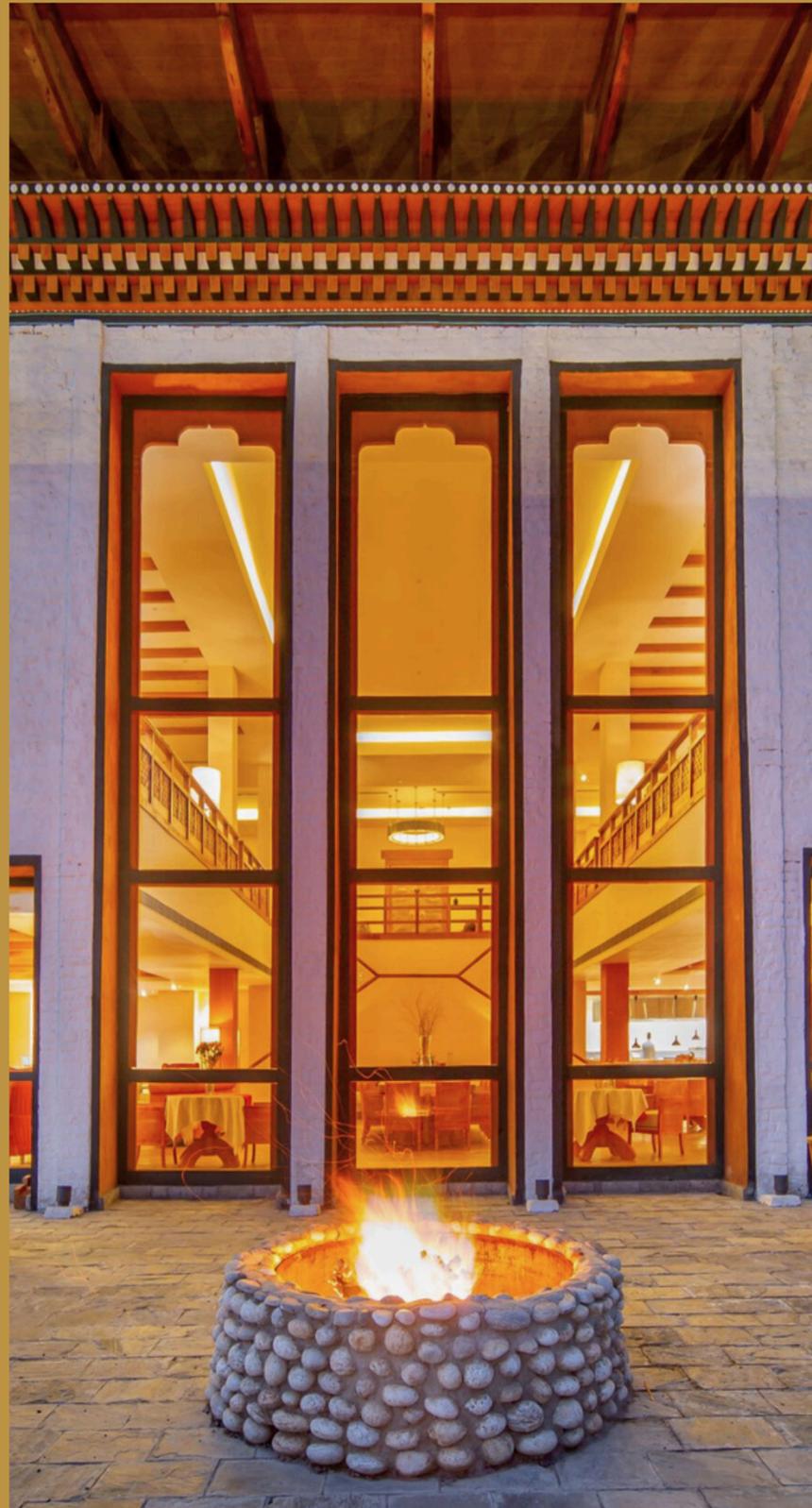
# ALL-INCLUSIVE TRADITIONAL BHUTANESE WELLNESS

- Consultation with a traditional Bhutanese Medicine Doctor
- Personal wellness plan
- One traditional wellness treatment per day: herbal compression, hot oil compression, moxibustion, herbal Jacuzzi, herb-infused hot stone bath, or Ku Nye massages (full body, neck, feet, back)
- Yoga classes
- Meditation sessions
- Herbal walks with Wellness therapist



## ALL-INCLUSIVE CULINARY SURPRISES

- Healthy morning shots
- A la carte breakfasts
- 4-course set lunches
- 6-course set dinners
- A variety of Bhutanese, Western and Indian dishes are served
- Vegetarian and/or in due respect of the guest's diet or personal preferences
- Guests can enjoy their meals at the time and location of their preference
- All non-alcoholic drinks
- Home-made picnics
- Herbal teas and snacks



# ALL-INCLUSIVE FACILITIES & ACTIVITIES

- Library with a varied collection of books and magazines on well-being, meditation, yoga, mindfulness, and traveling
- Tea bar with over 20 herbal teas
- Indoor heated infinity pool with sundeck terrace
- Gym, sauna, steam rooms, Jacuzzi
- Lounge area
- Cooking classes with Chefs
- Traditional Bhutanese sports
- Pottery classes

*Creating a lasting positive change in our guests' daily lives*



# Reservations & Cancellations

- To secure a reservation a deposit of 20% of the full amount is required within 14 days of making the reservation.
- To secure the booking, the balance payment is due 30 days before arrival.
  
- Cancellations or postponements will only be accepted in written form via [book@bhutanspiritsanctuary.com](mailto:book@bhutanspiritsanctuary.com)
- Cancellation is possible up to 14 days before arrival. Clients can request a 100% refund.
- Cancellations made less than 14 days before arrival will incur a full charge.
- Cancelled room nights cannot be transferred to other persons.
  
- Postponement is possible up to 7 days before arrival, with no charge. Rates will be adjusted according to the new arrival dates.
- Postponements made less than 7 days before arrival, will incur a charge of 10% of the full amount. Rates will be adjusted according to the new arrival dates.
  
- In case of a no-show, a full charge will incur, and any payments made are non-refundable.

# Children / Extra bed

- We welcome children of 12 years and older.
- Children of 12 years and older, staying in their parent's room, require an additional fee of US\$250++ per night, subject to 10% Bhutan Sales Tax and 10% Service Charge.
- There is a possibility to place one extra bed in a Terrace room.
- An extra person in the room requires an additional fee of US\$250++ per night, subject to 10% Bhutan Sales Tax and 10% Service Charge.
- An extra person/bed in the room must be confirmed with our reservations/ booking department at the time of the initial reservation.

# Payments

- Online payments can be made with a credit card via a secured online payment link.
- Payments by credit card: Visa/MasterCard/American Express.
- Payments in cash: USD/EUR/GBP/IND/BTN.
- Room nights can only be paid in US Dollars.
- Overseas wire transfer charges must be shouldered by the client.
- Local bank charges will be borne by the Sanctuary.

**For more information, contact us at: [book@bhutanspiritsanctuary.com](mailto:book@bhutanspiritsanctuary.com)**

# Social Media



FACEBOOK



LINKEDIN



INSTAGRAM

[www.bhutanspiritsanctuary.com](http://www.bhutanspiritsanctuary.com)

